

LEHI COMMUNITY COUNCIL NEWSLETTER

SEPTEMBER 2007

Fall Yard of the Month

Please submit your nominations by September 15, 2007

lehiyardofthemonth@yahoo.com

or contact Teri Simpson
terisimpson01@yahoo.com

The Lehi Parks and Trails Advisory Committee



Identiy Theft Information

Keep these numbers handy in case your wallet is stolen:

- 1.) Equifax: 800-525-6285
- 2.) Experian (formerly TRW): 888-397-3742
- 3.) Trans Union : 800-6807289
- 4.) Social Security Administration (fraud line):800-269-0271

Responsibility - September

Value Asset # 1

Family Support

Kids feel loved and supported in their family.

- Don't assume that your kids know how much you love them. Tell them.
- Give more hugs and verbal reinforcement – even to teenagers.
- Eat at least one meal together every day.
- Set aside at least one evening weekly for family activities.
- Spend time with each child individually.

NetSmartz

State sponsored Internet Safety Program

Friday Sept. 7, 2007



7-8 p.m.

Church and School Groups are Encouraged to Attend

Lehi City Council Room at 153 N. 100 E.

Refreshments

FUTURE TOPICS –

Oct. 4, 2007 “The Truth About Energy Drinks”

Nov. 2, 2007 Stress Busting 101 / "How to Not Take it out on Your Dog"

Sponsored by the Lehi Community Council

Contact Linda Turner at 768-1102

Free Mental Illness and Support Classes

NAMI UT(national alliance on mental illness) a non-profit organization is now having **FREE BRIDGES** classes at American Fork Hospital starting Wed. Oct. 5th. This class is a support/educational 10-week program for those with mental illness (depression, bipolar, schizophrenia, and other illnesses). For more information please call Tess McCormick at 766-9876 if needed leave a message. There is also a 12-week Family to Family class available to those family members that are effected by mental illness. This class is **FREE** as well. For more information please call Bruce Smith at 225-6890.

If you are interested in learning more about NAMI and its mission please visit the website www.namiut.org .

Service Opportunities:

1. **Lehi Sub-4-Santa** Become part of this valuable group. Prospective Eagles and YW Projects are welcome. Contact Linda Turner 768-1102 or email turlinda@gmail.com
2. **Lawn Care for Active Military Families.** www.projectevergreen.com and click on Green Care for Troops.
3. **Medical play dolls** - dolls used for patient education and comfort: Dolls made of muslin or skin toned material and stuffed with batting. Doll gowns are also needed. Call for patterns (801) 588-3691. The dolls are used to explain what will happen with their surgery and treatment. Then they have the child draw the face on the doll. They have found that this is a great way for the family and Social Worker to know how the child feels about what is going on with them.

To submit newsletter items, contact
Linda Turner 768-1102 or
turlinda@gmail.com